

Exposing EPI:

Patients don't need to suffer in silence.

Nearly **80%** of Americans



have never heard of exocrine pancreatic insufficiency (EPI), a condition with symptoms like irritable bowel syndrome (IBS), Crohn's disease and other serious conditions.



50% Americans suffer from GI-related symptoms

that not only impact their daily life, but could be warning signs of EPI:

More than **100** MILLION

ambulatory care visits can be attributed to digestive diseases annually in the U.S. (NIH.gov)

72%

are unfamiliar with the differences between EPI and other common GI disorders (AGA Survey)

Exocrine pancreatic insufficiency (EPI)

is a condition characterized by deficiency of the exocrine pancreatic enzymes, resulting in the inability to digest food properly (maldigestion).

When it comes to GI symptoms: Americans are suffering in silence



Only **1 in 5 (22%)**

say they sought medical advice in the first few weeks of experiencing GI symptoms. (AGA Survey)

Of those who did not seek treatment,



20% thought their GI symptoms were just something to tolerate. (AGA Survey)



Know the symptoms:

- Gas and bloating
- Unintended weight loss
- Diarrhea
- Greasy, foul-smelling stools
- Stomach cramps
- Bad smelling gas

All it takes is **one conversation** to improve quality of life:



Patients

Ask your health care provider about GI symptoms. Those who have chronic GI issues should ask their provider specifically about EPI during regular check-ups.



Providers

Talk to your patients. While many Americans are reluctant to talk about GI symptoms, even with their provider, the American Gastroenterological Association is making it easier with new resources.



Don't take matters into your own hands. Only a health care provider can diagnose EPI.

To learn more, seek out credible and scientifically accurate information by visiting patient.gastro.org/EPI

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